

SOUTHEAST COMMUNITY COLLEGE
HEALTH SCIENCES DIVISION
OCCUPATIONAL THERAPY
Created Date: 03/2025

I. CATALOG DESCRIPTION

Course Number: OTAS 1200
Course Title: Adult Conditions & Practice
Prerequisite(s): Admittance into the Occupational Therapy Assistant Program

Catalog Description: This course examines occupational therapy's role in working with adults across the lifespan, focusing on common conditions, age-related changes, and their impact on daily participation. Students will explore evidence-based interventions that promote health, well-being, and functional independence. Emphasis is placed on understanding physical, cognitive, and psychosocial factors that influence occupational engagement in various settings.

Credit Hours: 3
Class Hours: 45
Lab Hours: 0
Total Contact Hours: 45

II. COURSE OBJECTIVES: *Course will:*

1. Provide an overview of common conditions and age-related changes affecting adults across the lifespan.
2. Examine the impact of physical, cognitive, and psychosocial changes on occupational performance and participation across the lifespan.
3. Introduce evidence-based interventions that support health, well-being, and functional independence in adult populations.
4. Explore the occupational therapy process for adult clients across a variety of settings (e.g., inpatient, outpatient, home health, community).
5. Promote clinical reasoning in selecting and modifying interventions to meet individual client needs.
6. Highlight the importance of interprofessional collaboration in adult rehabilitation settings.

Note: Unit objectives are located in the learning management system within each unit of study.

III. STUDENT LEARNING OUTCOMES AND GENERAL EDUCATION LEARNING OUTCOMES:

A. STUDENT LEARNING OUTCOMES: *The student will be able to:*

1. Describe common conditions and age-related changes that impact occupational participation in adults.
2. Identify the effects of physical, cognitive, and psychosocial changes on functional performance.
3. Apply evidence-based interventions to support occupational engagement and independence in adult clients.
4. Demonstrate clinical reasoning in the selection and adaptation of interventions based on client-centered goals.
5. Discuss occupational therapy's role across different service delivery models for adult clients.

6. Summarize best practices for collaborating with other professionals when planning and delivering adult client care.

B. GENERAL EDUCATION LEARNING OUTCOMES

GELO 3: Critical Thinking and Problem Solving

Outcome: Acquire and integrate knowledge and construct relationships across disciplines.

IV. CONTENT/TOPICAL OUTLINE (*course outline may provide more detailed information*)

A. UNITS

1. Infection Control and Vital Signs
2. Vision, Visual Perception & Cognition
3. Dysphagia, Self-Feeding & ADLs
4. Sensation, Wounds & Pain
5. ROM and Muscle Strength
6. Transfers & Functional Mobility
7. Assistive Technology and Home Modifications
8. Wheeled Mobility
9. Work Rehab
10. Orthopedic Conditions & Cardiopulmonary Conditions
11. Arthritic and Chronic Disease
12. Motor Control & Myopathic Diseases
13. Degenerative Diseases of CNS
14. Influence of Aging & Dementia
15. Practice Settings, Reimbursement & Documentation

V. INSTRUCTIONAL MATERIALS REQUIRED

A. Required Text(s):

Mahle, A.J. & Ward, A.L. *Adult Physical Conditions* (current ed)

Morreale, M. *The OTA's Guide to Documentation* (current ed)

*Note: Students will continue to reference all texts previously required in the program.

VI. METHODS OF PRESENTATION/INSTRUCTION

A. Methods of presentation typically include a combination of the following:

1. Lecture
2. Demonstration
3. Handout Materials
4. Class Participation/Presentations
5. Case Studies and Group Work
6. Guest Presenters
7. Websites
8. Power Point slides and videos
9. Pretests and worksheets
10. Games may be used to augment some of the units.

VII. METHODS OF EVALUATION

A. Methods of evaluation typically include a combination of assignments, quizzes, exam, projects, skill checkoffs, etc. For grading expectations please see the course information document.

SCC STANDARD GRADING SCALE POLICY:

A+ 95-100	C+ 75-79
A 90-94	C 70-74
B+ 85-89	D+ 65-69
B 80-84	D 60-64
	F Below 60

VIII. SPECIFIC COURSE REQUIREMENTS

- A.** Must pass all program courses (OTAS) with a C+ to progress to the next term.
- B.** Must follow all expectations as outlined in this document, student handbook, and course information document.

Please see course information document and student handbook for program policies related to grading, expectations, assignments, assessments, and participation.