

SOUTHEAST COMMUNITY COLLEGE
HEALTH SCIENCES DIVISION
OCCUPATIONAL THERAPY
Created Date: 03/2025

I. CATALOG DESCRIPTION

Course Number: OTAS 1100
Course Title: Occupational Therapy Theory & Domains
Prerequisite(s):

Catalog Description: This course explores foundational theories that guide occupational therapy practice and introduces the Occupational Therapy Practice Framework (OTPF). Students will analyze key models of practice, frames of reference, and domains that influence client-centered care. Emphasis is placed on understanding how theory informs assessment, intervention, and clinical decision-making across diverse settings.

Credit Hours: 2
Class Hours: 30
Lab Hours: 0
Total Contact Hours: 30

II. COURSE OBJECTIVES: *Course will:*

1. Introduce students to foundational occupational therapy theories, models of practice, and frames of reference.
2. Provide students the structure and application of the Occupational Therapy Practice Framework (OTPF) as a guide for OT practice.
3. Facilitate initial analysis of how theory informs the occupational therapy process, including assessment, intervention planning, and clinical reasoning.
4. Introduce students to the integration of theoretical approaches in delivering client-centered care across varied practice settings and populations.

III. STUDENT LEARNING OUTCOMES AND GENERAL EDUCATION LEARNING OUTCOMES:

A. STUDENT LEARNING OUTCOMES: *The student will be able to:*

1. Describe foundational theories, models of practice, and frames of reference used in occupational therapy.
2. Explain the components and purpose of the Occupational Therapy Practice Framework (OTPF) in guiding OT practice.
3. Identify the relevance of major OT models and frames of reference to different client populations and settings.
4. Discuss how theory guides the OT process, including assessment, intervention, and documentation.
5. Relate theoretical concepts to case-based scenarios to support clinical decision-making and promote client-centered care.
6. Reflect on the role of theory in promoting occupational participation, health, and well-being across the lifespan.

B. GENERAL EDUCATION LEARNING OUTCOMES

GELO 3: Critical Thinking and Problem Solving

Outcome: Acquire and integrate knowledge and construct relationships across disciplines.

IV. CONTENT/TOPICAL OUTLINE (*course outline may provide more detailed information*)

A. UNITS

1. Theories
2. Occupation Based Models
3. Frames of References
4. Occupational Therapy Practice Framework
5. Occupational Therapy Domain: Occupations & Contexts
6. Occupational Therapy Domain: Performance Patterns, Performance Skills, Client Factors
7. Occupational Profile
8. Teaching-Learning Process & Health Literacy

V. INSTRUCTIONAL MATERIALS REQUIRED

A. Required Text(s):

Occupational Therapy Practice Framework: Domain and Process, 4th Ed. AOTA

*Note: Students will continue to reference all texts previously required in the program.

VI. METHODS OF PRESENTATION/INSTRUCTION

A. Methods of presentation typically include a combination of the following:

1. Lecture
2. Demonstration
3. Handout Materials
4. Class Participation/Presentations
5. Case Studies and Group Work
6. Guest Presenters
7. Websites
8. Power Point slides and videos
9. Pretests and worksheets
10. Games may be used to augment some of the units.

VII. METHODS OF EVALUATION

A. Methods of evaluation typically include a combination of assignments, quizzes, exam, projects, skill checkoffs, etc. For grading expectations please see the course information document

SCC STANDARD GRADING SCALE POLICY:

A+ 95-100	C+ 75-79
A 90-94	C 70-74
B+ 85-89	D+ 65-69
B 80-84	D 60-64
	F Below 60

VIII. SPECIFIC COURSE REQUIREMENTS

- A. Must pass all program courses (OTAS) with a C+ to progress to the next term.
- B. Must follow all expectations as outlined in this document, student handbook, and course information document.

Please see course information document and student handbook for program policies related to grading, expectations, assignments, assessments, and participation.

