

**SOUTHEAST COMMUNITY COLLEGE**  
**HEALTH SCIENCES DIVISION**  
**NURSING**  
**Created Date: 10/2025**

**I. CATALOG DESCRIPTION**

**Course Number:** NURS 2110  
**Course Title:** Essentials of Patient Care 3

**Catalog Description:** This course builds upon knowledge introduced in Essentials of Patient Care 2, advancing the registered nursing student's capacity to manage complex and unstable client conditions. Emphasis is placed on the integration of advanced pathophysiology, pharmacologic reasoning, clinical judgment and decision-making in the context of acute and/or unstable conditions.

**Credit Hours:** 4  
**Class Hours:** 60  
**Clinical Hours:** 0  
**Total Contact Hours:** 60

**II. COURSE OBJECTIVES:** *Course will:*

1. Enable students to recognize and analyze rapidly evolving signs and symptoms of unstable conditions across body systems, with a focus on early detection and response to clinical deterioration.
2. Guide students to evaluate advanced pharmacologic principles, including high-risk medication, mechanisms of action, therapeutic monitoring, and adverse event management in unstable clients.
3. Equip students to apply and adapt evidence-based nursing interventions that promote physiological stabilization, recovery, and regenerative healing in high-acuity care settings.
4. Guide students to interpret the relationship between shifting pathophysiology and pharmacologic management across the lifespan in clients recovering from acute illness or trauma.
5. Support students in synthesizing clinical patterns, pharmacologic strategies, and nursing interventions to inform timely, patient-centered care in unpredictable and rapidly changing conditions.

**III. STUDENT LEARNING OUTCOMES AND GENERAL EDUCATION LEARNING OUTCOME:**

**A. STUDENT LEARNING OUTCOMES:** *The student will be able to:*

1. Analyze altered and rapidly deteriorating physiological processes related to unstable acute conditions across major body systems, with emphasis on early recognition of clinical instability.
2. Interpret complex clinical signs and symptoms in critically unstable clients and their implications for immediate and ongoing nursing care.
3. Differentiate advanced medication classifications used in high-acuity care, including high-alert drugs, mechanisms of action, adverse effects, and emergent therapeutic applications.
4. Prioritize evidence-based nursing interventions appropriate for managing rapidly changing, life-threatening conditions in critically ill clients.

5. Interpret the evolving relationship between acute disease progression and pharmacologic management across the lifespan, including considerations for organ dysfunction and comorbidities.

**B. GENERAL EDUCATION LEARNING OUTCOME**

1. **GELO 3: Critical Thinking & Problem Solving – Synthesize information to arrive at reasoned solutions to problems.**

**IV. CONTENT/TOPICAL OUTLINE (*course outline may provide more detailed information*)**

**A. UNITS**

1. Principles of Restorative and Regenerative Nursing Care in Acute and Unstable Conditions
2. Cardiovascular Instability – Restorative Care of Acute and Unstable Cardiac Conditions
3. Respiratory Failure – Regenerative Approaches in Critical Respiratory Compromise
4. Endocrine and Metabolic Emergencies – Restorative Management of Unstable States
5. Gastrointestinal, Hepatic, and Renal Crises – Acute Care in Restorative Settings
6. Neurological and Neurovascular Emergencies – Regenerative Support in Unstable Patients
7. Infectious and Sepsis Emergencies – Acute Management in Restorative Care
8. Maternal and Pediatric Emergencies-Comprehensive Care in Acute Restorative Settings
9. Psychiatric and Toxicologic Emergencies – Comprehensive Care in Acute Restorative Settings

**V. INSTRUCTIONAL MATERIALS REQUIRED**

**Required Text(s):**

- A. Evolve Resources (reference course CID and Nursing Program Handbook for required learning resources)

**VI. METHODS OF PRESENTATION/INSTRUCTION**

A. Methods of presentation typically include a combination of the following:

1. Lecture
2. Demonstration
3. Handout Materials
4. Class Participation/Presentations
5. Role-play/Simulation
6. Case Studies and Team Work
7. Guest Presenters
8. Websites
9. Power Point slides and videos
10. Pretests and worksheets
11. Games may be used to augment some of the units

**VII. METHODS OF EVALUATION**

- A. Methods of evaluation typically include a combination of assignments, quizzes, exams, projects, etc. For grading expectations, please see the course information document.

**SCC STANDARD GRADING SCALE POLICY:**

<b>A+</b>	<b>95-100</b>	<b>C+</b>	<b>75-79</b>
<b>A</b>	<b>90-94</b>	<b>C</b>	<b>70-74</b>
<b>B+</b>	<b>85-89</b>	<b>D+</b>	<b>65-69</b>
<b>B</b>	<b>80-84</b>	<b>D</b>	<b>60-64</b>
		<b>F</b>	<b>Below 60</b>

## **VIII. SPECIFIC COURSE REQUIREMENTS**

### **A. ATTENDANCE**

Attendance is crucial to the success of this course. Any class missed could mean valuable missed information, which is difficult to obtain. Please notify the instructor of any pending absences or if you will be late.

**B.** Must pass all program courses with a C+ to progress to the next term.

Please see course information document for course policies related to grading, expectations, assignments, assessments, and participation.