

SOUTHEAST COMMUNITY COLLEGE
HEALTH SCIENCES DIVISION
NURSING
Created Date: 10/2025

I. CATALOG DESCRIPTION

Course Number: NURS 1530
Course Title: Lifecycle Nursing Care

Catalog Description: This course provides an in-depth exploration of nursing care across the human lifespan, emphasizing age-specific populations and their unique physiological, psychosocial, and developmental needs. Students will examine nursing care related to mental health, obstetric and gynecologic care, pediatric conditions, and end-of-life care including hospice and palliative approaches. Integration of physiological and pharmacologic principles equips students to understand disease processes and apply evidence-based nursing interventions tailored to each specialty area.

Credit Hours: 3
Class Hours: 45
Clinical Hours: 0
Total Contact Hours: 45

II. COURSE OBJECTIVES: *Course will:*

1. Enable students to analyze the unique physiological, psychosocial, and developmental needs of clients across different age groups.
2. Support students in applying holistic, client- and family-centered care principles.
3. Empower students to integrate pathophysiology and pharmacology knowledge into nursing care planning and interventions.
4. Encourage students to utilize evidence-based practices and critical thinking skills to inform clinical decision-making.
5. Prepare students to provide nursing care specific to mental health, gynecologic/obstetric, pediatric, and palliative care populations.
6. Enable students to promote client safety and quality care through comprehensive assessment and management of common diseases and disorders.

III. STUDENT LEARNING OUTCOMES AND GENERAL EDUCATION LEARNING OUTCOME:

A. STUDENT LEARNING OUTCOMES: *The student will be able to:*

1. Describe the pathophysiology, clinical presentation, and nursing interventions for selected pediatric illnesses.
2. Evaluate nursing care for selected mental health disorders across the lifespan.
3. Interpret nursing care for gynecologic and obstetric conditions.
4. Examine sexually transmitted infections (STIs) and related reproductive health concerns, incorporating prevention, education, and nursing interventions.
5. Integrate pharmacological principles with nursing care to support symptom management and overall patient health.

6. Differentiate effective communication strategies to provide holistic, culturally sensitive care in partnership with clients and their families.
7. Demonstrate critical thinking and clinical judgment in prioritizing nursing actions during care of the pediatric, mental health, obstetric, and end-of-life client.
8. Incorporate principles of hospice and palliative care by examining the physiological, pharmacological, and psychosocial considerations involved in end-of-life care.

B. GENERAL EDUCATION LEARNING OUTCOME

1. **GELO 3: Critical Thinking & Problem Solving – Synthesize information to arrive at reasoned solutions to problems.**

IV. CONTENT/TOPICAL OUTLINE (*course outline may provide more detailed information*)

A. UNITS

1. Fundamentals of Nursing Care Across the Lifespan
2. Pediatric Nursing: Pathophysiology, Pharmacology, and Interventions
3. Prenatal and Birth Nursing Care
4. Postpartum and Newborn Nursing Care
5. Sexually Transmitted Infections and Infection Control
6. Mental Health Nursing: Lifespan Perspectives
7. Hospice, Palliative Care, and Pharmacologic Management

V. INSTRUCTIONAL MATERIALS REQUIRED

Required Text(s):

- A. Evolve Resources (reference course CID and Nursing Program Handbook for required learning resources)

VI. METHODS OF PRESENTATION/INSTRUCTION

A. Methods of presentation typically include a combination of the following:

1. Lecture
2. Demonstration
3. Handout Materials
4. Class Participation/Presentations
5. Role-play/Simulation
6. Case Studies and Team Work
7. Guest Presenters
8. Websites
9. Power Point slides and videos
10. Pretests and worksheets
11. Games may be used to augment some of the units.

VII. METHODS OF EVALUATION

A. Methods of evaluation typically include a combination of assignments, quizzes, exams, projects, etc. For grading expectations please see the course information document.

SCC STANDARD GRADING SCALE POLICY:

A+ 95-100	C+ 75-79
A 90-94	C 70-74
B+ 85-89	D+ 65-69
B 80-84	D 60-64
	F Below 60

VIII. SPECIFIC COURSE REQUIREMENTS

A. ATTENDANCE

Attendance is crucial to the success of this course. Any class missed could mean valuable missed information, which is difficult to obtain. Please notify the instructor of any pending absences or if you will be late.

B. Must pass all program courses with a C+ to progress to the next term.

Please see course information document for course policies related to grading, expectations, assignments, assessments, and participation.