

SOUTHEAST COMMUNITY COLLEGE
HEALTH SCIENCES DIVISION
NURSING
Created Date: 10/2025

I. CATALOG DESCRIPTION

Course Number: NURS 1510
Course Title: Essentials of Patient Care 2

Catalog Description: This course builds upon knowledge introduced in Essentials of Patient Care 1. Emphasis is placed on the integration of physiological and pharmacologic principles in the management of stable clients with acute conditions. Students will analyze more complex pathophysiology, pharmacology, and nursing interventions with a focus on understanding disease processes and the rationale for interventions. Students will integrate clinical judgment and decision-making and evidence-based methods to deliver effective care to clients experiencing stable acute conditions.

Credit Hours: 3
Class Hours: 45
Clinical Hours: 0
Total Contact Hours: 45

II. COURSE OBJECTIVES: *Course will:*

1. Enable students to analyze signs and symptoms associated with acute stable conditions across multiple body systems.
2. Guide students to evaluate advanced pharmacologic principles, including medication classifications, mechanisms of action, and side effect profiles relevant to acute stable client care.
3. Equip students to apply evidence-based nursing interventions appropriate to managing clients with acute stable conditions and promoting restorative outcomes.
4. Help students interpret the relationship between altered pathophysiology and pharmacologic management throughout the lifespan in clients recovering from acute illness or injury.
5. Support students in synthesizing clinical patterns among acute stable exemplars, pharmacologic treatments, and nursing care strategies to inform individualized, person-centered care planning.

III. STUDENT LEARNING OUTCOMES AND GENERAL EDUCATION LEARNING OUTCOME:

A. STUDENT LEARNING OUTCOMES: *The student will be able to:*

1. Analyze normal and altered physiological processes related to acute stable health conditions across major body system.
2. Evaluate common clinical signs and symptoms associated with acute stable disease exemplars and their implications for nursing care.
3. Differentiate advanced medication classifications used in acute stable client care, including mechanisms of action, side effects, and therapeutic purposes.
4. Examine evidence-based nursing interventions for managing clients with acute stable health conditions.

5. Interpret the relationship between acute stable disease processes, diagnostic testing, and pharmacologic treatments across the lifespan.
6. Explain potential interactions between prescribed medications and other substances such as food, over-the-counter drugs, and herbal supplements.

B. GENERAL EDUCATION LEARNING OUTCOME

1. **GELO 3: Critical Thinking & Problem Solving – Synthesize information to arrive at reasoned solutions to problems.**

IV. CONTENT/TOPICAL OUTLINE (*course outline may provide more detailed information*)

A. UNITS

1. Introduction to Acute Stable Care and Restorative Nursing
2. Cardiovascular System – Perfusion and Acute Cardiac Conditions
3. Respiratory System – Gas Exchange in Stable Acute Respiratory Disorders
4. Endocrine and Immune Systems – Restorative Care in Acute Endocrine and Immune Conditions
5. Gastrointestinal, Renal, and Urinary Systems – Management of Acute Stable Conditions Affecting Elimination and Digestion
6. Musculoskeletal and Neurological System – Restorative Care for Mobility, Cognition, and Sensory Care
7. Integumentary Care – Wound Healing and Management
8. Hematologic, Circulatory, and Cancer – Management of Acute Stable Disorders

V. INSTRUCTIONAL MATERIALS REQUIRED

Required Text(s):

- A. Evolve Resources (reference course CID and Nursing Program Handbook for required learning resources)

VI. METHODS OF PRESENTATION/INSTRUCTION

- A. Methods of presentation typically include a combination of the following:
 1. Lecture
 2. Demonstration
 3. Handout Materials
 4. Class Participation/Presentations
 5. Role-play/Simulation
 6. Case Studies and Team Work
 7. Guest Presenters
 8. Websites
 9. Power Point slides and videos
 10. Pretests and worksheets
 11. Games may be used to augment some of the units.

VII. METHODS OF EVALUATION

A. Methods of evaluation typically include a combination of assignments, quizzes, exams, projects, etc. For grading expectations please see the course information document.

SCC STANDARD GRADING SCALE POLICY:

A+ 95-100	C+ 75-79
A 90-94	C 70-74
B+ 85-89	D+ 65-69
B 80-84	D 60-64
	F Below 60

VIII. SPECIFIC COURSE REQUIREMENTS

A. ATTENDANCE

Attendance is crucial to the success of this course. Any class missed could mean valuable missed information, which is difficult to obtain. Please notify the instructor of any pending absences or if you will be late.

B. Must pass all program courses with a C+ to progress to the next term.

Please see course information document for course policies related to grading, expectations, assignments, assessments, and participation.