

**NURSSOUTHEAST COMMUNITY COLLEGE**  
**HEALTH SCIENCES DIVISION**  
**NURSING**  
**Created Date: 10/2025**

**I. CATALOG DESCRIPTION**

**Course Number:** NURS 1150  
**Course Title:** Nursing Lab 1  
**Prerequisite(s):** Admission to the Nursing program

**Catalog Description:** This nursing lab course introduces students to foundational nursing skills and clinical reasoning essential for safe and effective practice. Through guided hand-on experiences, students begin applying knowledge of anatomy and physiology to nursing care, including physical assessment, medication administration, and basic therapeutic interventions. Core concepts such as the healing process, chronic illness, safety, and infection control are established. Emphasis is placed on the development of psychomotor skills, communication, and professionalism in preparation for clinical practice.

**Credit Hours:** 2  
**Class Hours:** 0  
**Lab Hours:** 90  
**Total Contact Hours:** 90

**II. COURSE OBJECTIVES:** *Course will:*

1. Provide instruction and guided practice in performing assessments and delivering essential nursing skills.
2. Incorporate principles of safe medication administration, including multiple routes for delivery, dosage calculation, and evaluation of therapeutic and adverse effects.
3. Facilitate the development of therapeutic communication skills, interprofessional collaboration, and accurate written communication.
4. Reinforce clinical reasoning and decision-making by emphasizing early recognition of changes in patient condition and the importance of timely nursing interventions.
5. Expose students to foundational concepts in the care of clients with chronic, stable conditions.

**III. STUDENT LEARNING OUTCOMES AND GENERAL EDUCATION LEARNING OUTCOME:**

**A. STUDENT LEARNING OUTCOMES:** *The student will be able to:*

1. Demonstrate comprehensive and focused nursing assessments to collect and analyze client data in various clinical scenarios.
2. Demonstrate safe medication administration using evidence-based practice.
3. Perform essential clinical procedures.
4. Utilize professional and therapeutic communication when delivering and documenting nursing care.
5. Utilize clinical judgment to identify and respond to changes in client conditions in a timely manner.
6. Simulate appropriate care to a client with chronic, stable conditions.

**B. GENERAL EDUCATION LEARNING OUTCOME**

1. **GELO 3: Critical Thinking & Problem Solving – Synthesize information to arrive at reasoned solutions to problems**

**IV. CONTENT/TOPICAL OUTLINE** (*course outline may provide more detailed information*)

**A. UNITS**

1. Basic Care and Comfort
2. Nursing Assessment and Data Collection
3. Safe and Effective Medication Administration
4. Parenteral Medication Administration
5. Specimen Collection and Point-of-Care Diagnostics
6. Foundations of Oxygenation and Respiratory Support
7. Maintaining Skin Integrity and Managing Wounds
8. Integrative Nursing Skills

**V. INSTRUCTIONAL MATERIALS REQUIRED**

**Required Text(s):**

- A. Evolve Resources (reference course CID and Nursing Program Handbook for required learning resources)

**VI. METHODS OF PRESENTATION/INSTRUCTION**

**A. Methods of presentation typically include a combination of the following:**

1. Lecture
2. Demonstration
3. Handout Materials
4. Class Participation/Presentations
5. Role-play/Simulation
6. Case Studies and Team Work
7. Guest Presenters
8. Websites
9. Power Point slides and videos
10. Pretests and worksheets
11. Games may be used to augment some of the units.

**VII. METHODS OF EVALUATION**

- A. Methods of evaluation typically include a combination of assignments, quizzes, exams, projects, etc. For grading expectations please see the course information document.

**SCC STANDARD GRADING SCALE POLICY:**

<b>A+</b>	<b>95-100</b>	<b>C+</b>	<b>75-79</b>
<b>A</b>	<b>90-94</b>	<b>C</b>	<b>70-74</b>
<b>B+</b>	<b>85-89</b>	<b>D+</b>	<b>65-69</b>
<b>B</b>	<b>80-84</b>	<b>D</b>	<b>60-64</b>
		<b>F</b>	<b>Below 60</b>

## **VIII. SPECIFIC COURSE REQUIREMENTS**

### **A. ATTENDANCE**

Attendance is crucial to the success of this course. Any class missed could mean valuable missed information, which is difficult to obtain. Please notify the instructor of any pending absences or if you will be late.

### **B. Must pass all program courses with a C+ to progress to the next term.**

Please see course information document for course policies related to grading, expectations, assignments, assessments, and participation.