

SOUTHEAST COMMUNITY COLLEGE
HEALTH SCIENCES DIVISION
NURSING
Created Date: 10/2025

I. CATALOG DESCRIPTION

Course Number: NURS 1100
Course Title: Foundations of Nursing Practice
Prerequisite(s): Admission to the Nursing program

Catalog Description: This introductory course provides the beginning nursing student foundational concepts essential in the profession of nursing and the delivery of safe nursing care. Students will explore ways to support and communicate with individuals and families in managing their own health and promoting interprofessional collaboration. Emphasis will be placed on the nursing process and the development of clinical reasoning. The concepts of clinical judgment, decision-making, and quality improvement will be introduced.

Credit Hours: 3
Class Hours: 45
Clinical Hours: 0
Total Contact Hours: 45

II. COURSE OBJECTIVES: *Course will:*

1. Discuss the profession of nursing and the roles of the nurse.
2. Present effective communication strategies for nurses with individuals and families while considering cultural and environmental factors.
3. Discuss health promotion activities throughout the lifespan.
4. Describe the use and value of the nursing process in patient care.
5. Explain the legal and ethical frameworks which guide nursing practice.
6. Present important issues related to patient safety.
7. Provide examples of how nurses utilize clinical judgment and decision-making.
8. Discuss documentation and the use of varied communication techniques including medical terminology.

III. STUDENT LEARNING OUTCOMES AND GENERAL EDUCATION LEARNING OUTCOME:

A. STUDENT LEARNING OUTCOMES: *The student will be able to:*

1. Describe nursing's professional identity, accountability, and contributions to the healthcare team.
2. Examine the influence of personal values and one's biases in decision-making.
3. Consider individual beliefs and values and their impact on nursing care.
4. Discuss sources and applications of national safety and quality standards which guide nursing practice.
5. Describe the factors that create a culture of safety.

6. Communicate the nurse's roles and responsibilities clearly.
7. Explain how one's uniqueness (as a person and a nurse) contributes to effective interprofessional working relationships.
8. Discuss the variety of information and communication technologies used in healthcare settings.
9. Identify common risks associated with using information and communication technology.
10. Discuss the use and importance of critical thinking and clinical judgment as a nurse.
11. Explain health promotion activities throughout the lifespan.

B. GENERAL EDUCATION LEARNING OUTCOME

1. **GELO 3: Critical Thinking & Problem Solving – Synthesize information to arrive at reasoned solutions to problems.**

IV. CONTENT/TOPICAL OUTLINE (*course outline may provide more detailed information*)

A. UNITS

1. Nursing and the Healthcare Environment
2. Ethical and Legal Implications in Nursing Practice
3. The Importance of Caring in Nursing
4. Critical Thinking and Clinical Judgment
5. Nursing Process
6. Communication in Nursing/Medical Terminology
7. Documentation
8. Cultural Care
9. Priority of Safe Care in Nursing
10. Development Throughout the Lifespan
11. Health Promotion Throughout the Lifespan
12. Professionalism in Nursing
13. Prioritization in Nursing
14. Evidence-based Nursing Practice
15. Quality Improvement, Teamwork & Collaboration

V. INSTRUCTIONAL MATERIALS REQUIRED

Required Text(s):

- A. Evolve Resources (reference course CID and Nursing Program Handbook for required learning resources)

VI. METHODS OF PRESENTATION/INSTRUCTION

A. Methods of presentation typically include a combination of the following:

1. Lecture
2. Demonstration
3. Handout Materials
4. Class Participation/Presentations
5. Role-play/Simulation
6. Case Studies and Team Work
7. Guest Presenters
8. Websites
9. Power Point slides and videos
10. Pretests and worksheets
11. Games may be used to augment some of the units.

VII. METHODS OF EVALUATION

A. Methods of evaluation typically include a combination of assignments, quizzes, exams, projects, etc. For grading expectations please see the course information document.

SCC STANDARD GRADING SCALE POLICY:

| | |
|------------------|-------------------|
| A+ 95-100 | C+ 75-79 |
| A 90-94 | C 70-74 |
| B+ 85-89 | D+ 65-69 |
| B 80-84 | D 60-64 |
| | F Below 60 |

VIII. SPECIFIC COURSE REQUIREMENTS

A. ATTENDANCE

Attendance is crucial to the success of this course. Any class missed could mean valuable missed information, which is difficult to obtain. Please notify the instructor of any pending absences or if you will be late.

B. Must pass all program courses with a C+ to progress to the next term.

Please see course information document for course policies related to grading, expectations, assignments, assessments, and participation.