

SOUTHEAST COMMUNITY COLLEGE
HEALTH SCIENCES DIVISION
HEALTHCARE SERVICES
Revision Date: November 2023

I. CATALOG DESCRIPTION

Course Number: HLTH1135
Course Title: Community Health Worker
Prerequisite(s): None

Catalog Description: A Community Health Worker is to serve as a link between a community and its health and social service systems in order to improve access to and delivery of services, and build capacity for individuals/families/communities to promote their own health and well-being. This course prepares the student for work as a Community Health Worker (CHW). It addresses all competencies required to be a CHW.

Credit Hours: 3.5
Class Hours: 30
Lab Hours: 68
Total Contact Hours: 98

II. COURSE OBJECTIVES: *Course will:*

1. Describe the roles and responsibilities of a Community Health Worker.
2. Discuss the scope of practice, work environment, patient populations found in the profession of Community Health Worker.
3. Describe healthcare interpersonal skills and professional behaviors expected in the profession of Community Health Worker.
4. Describe community health models and the roles, responsibilities, and skills of a community health advocate and their role in improved community health.
5. Assessment of barriers to primary health care in community health.
6. Identify specific community resources related to identified client needs and the process to obtain the services.
7. Describe examples of appropriate personal safety practices during community outreach activities.
8. Identify health promotion and disease prevention behavioral strategies as a part of primary health care.
9. Describe in general terms health payment plans and public sector services.
10. Discuss basic effective communication techniques and barriers to effective communication.
11. Identify the roles and types of documentation and evaluation used by community health outreach programs.
12. Demonstrate knowledge of the relationship of culture and individuals' health practices, beliefs, and use of health and social services.
13. Demonstrate general awareness of health care needs for individuals across the life span and related health care and social services

14. Demonstrate knowledge of local, state, and national laws/policies applicable to working with community members.

Note: Unit objectives are located in the learning management system within each unit of study.

III. STUDENT LEARNING OUTCOMES AND GENERAL EDUCATION LEARNING OUTCOMES:

A. STUDENT LEARNING OUTCOMES: *The student will be able to:*

- Complete CPR (including first aid and AED training).
- Complete Mental Health First Aid Training
- Complete physical and psychological safety training.
- Complete client/family confidentiality training.
- Demonstrate their ability to perform the knowledge, skills, and behaviors of the following competencies of a Community Health Worker in a variety of settings:
 - Communication Skills
 - Advocacy Skills
 - Interpersonal Skills
 - Organization Skills
 - Capacity Building
 - Service Coordination
 - Teaching Skills
 - Outreach Methods and Strategies
 - Client Assessment
 - Community Assessment
- *Source: Public Health Association of Nebraska Community Health Worker section (2015); also adopted by Douglas County (NE) Community Health Worker Section (2017)*

B. GENERAL EDUCATION LEARNING OUTCOMES

1. EX: GELO 6: Career and Life Skills

Outcome: Develop knowledge and habits that will foster physical, emotional, social, spiritual, intellectual, and environmental wellness.

IV. CONTENT/TOPICAL OUTLINE (*course outline may provide more detailed information*)

A. UNITS

1. Roles and Responsibilities of a Community Health Worker
2. Practice, Work Environment, and Patient Populations in Community Health
3. Professionalism and Interpersonal Skills & Behaviors of a Community Health Worker
4. Community Health Worker & Confidentiality
5. Physical & Psychological Safety
6. Professional Ethics and the Law
7. Emergency Procedures: CPR, First Aid, and AED
8. Accessing healthcare and social services systems
9. Practicing cultural competency
10. The pathophysiology (disease processes) of different diseases
11. Social Determinants of Health
12. Translating, interpreting, and facilitating client-provider communications
13. Collaboration as a member of a medical home team
14. Educating social services providers on community and population needs
15. Teaching concepts of disease prevention and health promotion to patients
16. Engaging in health prevention and promotion activities

V. INSTRUCTIONAL MATERIALS REQUIRED

A. Required Text(s):

American Heart Association CPR for Healthcare Professional & First Aid (book provided with course fee cost)

VI. METHODS OF PRESENTATION/INSTRUCTION

A. Methods of presentation typically include a combination of the following:

1. Lecture & Demonstration
2. Handout Materials
3. Class Participation
4. Digital Presentations
5. Case Studies and Group Work
6. Websites and Online Resources
7. Pretests and worksheets
8. Practicum Experiences

VII. METHODS OF EVALUATION

A. Methods of evaluation typically include a combination of assignments, quizzes, exam, projects, skill checkoffs, etc. For grading expectations please see the course information document.

SCC STANDARD GRADING SCALE POLICY:

A+ 95-100	C+ 75-79
A 90-94	C 70-74
B+ 85-89	D+ 65-69
B 80-84	D 60-64
	F Below 60

VIII. SPECIFIC COURSE REQUIREMENTS

A. ATTENDANCE

- Attendance is crucial to the success of this course. Any class missed could mean valuable missed information, which is difficult to obtain. Please notify the instructor of any pending absences or if you will be late.
- Must pass all program courses with a C.

Please see course information document for course policies related to grading, expectations, assignments, assessments, and participation.