

SOUTHEAST COMMUNITY COLLEGE
HEALTH SCIENCES DIVISION
PRACTICAL NURSING
Revision Date: 11/2022

I. CATALOG DESCRIPTION

Course Number: LPNS 1118
Course Title: Holistic Nursing 1
Prerequisite(s): HLTH 1011

Catalog Description: In this course, students will explore concepts related to physiological, psychological, and sociological aspects of patient care. This includes the concepts of family dynamics, sexuality, communication, coping, nutrition, elimination, cognition, clinical judgement, health promotion, development, safety, comfort, pharmacotherapy, and sensory perception.

Credit Hours: 4
Class Hours: 60
Lab Hours: 0
Total Contact Hours: 60

II. COURSE OBJECTIVES: *Course will:*

1. Prepare students to perform holistic assessments on patients.
2. Expand knowledge of the nursing process to plan patient care.
3. Guide students through the process of caring for patients from conception through end of life.
4. Provide knowledge and resources needed to care for patients experiencing stress and coping-related issues.
5. Discuss holistic care for patients experiencing gastrointestinal and sensory disorders.
6. Utilize nursing concepts to provide care for the surgical patient.

III. STUDENT LEARNING OUTCOMES AND GENERAL EDUCATION LEARNING OUTCOMES:

A. STUDENT LEARNING OUTCOMES: *The student will be able to:*

1. Relate the concepts of communication, family dynamics, culture, and health promotion to patient situations.
2. Apply the concepts of clinical judgment, collaboration, and communication to work as a member of the healthcare team.
3. Create concept maps.
4. Discuss concepts related to end-of-life.
5. Discuss concepts related to pregnancy, postpartum, and newborn care.
6. Describe the effects of impaired cognition on patients and their families.
7. Explain holistic care for the patient with gastrointestinal and sensory disorders.
8. Explore care of the patient experiencing surgery.

B. GENERAL EDUCATION LEARNING OUTCOMES

1. **Critical Thinking and Problem Solving:** Collect, identify, interpret, and analyze data.
(GELO 3 – Outcome 1)

IV. CONTENT/TOPICAL OUTLINE (course outline may provide more detailed information)

A. UNITS

1. Thinking Like a Nurse
2. Death 101: The Technicalities of Dying
3. Mom, Baby, and the Family
4. Great Minds DON'T Think Alike
5. It's Alimentary
6. Making Sensory of It All

V. INSTRUCTIONAL MATERIALS REQUIRED

A. Required Text(s):

1. Carroll L. & Collier J. *Success in Practical/Vocation Nursing: From Student to Leader* (current edition)
2. Leifer, G. *Introduction to Maternity and Pediatric Nursing* (current edition)
3. Leifer, G. *Study Guide for Introduction to Maternity and Pediatric Nursing* (current edition)
4. Stromberg H. *Medical-Surgical Nursing: Concepts & Practice* (current edition)
5. Stromberg H. *Study Guide for Medical-Surgical Nursing: Concepts & Practice* (current edition)
6. Turner S. *The Nurse, The Math, The Meds* (current edition)
7. Williams, P. *Fundamental Concepts and Skills for Nursing* (current edition)
8. Williams, P. *Study Guide for Fundamental Concepts and Skills for Nursing* (current edition)
9. Willihnganz M., Gurevitz S. & Clayton B. *Clayton's Basic Pharmacology for Nurses* (current edition)
10. Willihnganz M., Gurevitz S. & Clayton B. *Study Guide for Clayton's Basic Pharmacology for Nurses* (current edition)

VI. METHODS OF PRESENTATION/INSTRUCTION

A. Methods of presentation typically include a combination of the following:

1. Lecture
2. Demonstration
3. Handout Materials
4. Class Participation/Presentations
5. Role-play
6. Case Studies and Team Work
7. Guest Presenters
8. Websites
9. Power Point slides and videos
10. Pretests and worksheets
11. Games may be used to augment some of the units

VII. METHODS OF EVALUATION

A. Methods of evaluation typically include a combination of assignments, quizzes, exams, projects, skill competencies, etc. For grading expectations please see the course information document.

SCC STANDARD GRADING SCALE POLICY:

A+	95-100	C+	75-79
A	90-94	C	70-74
B+	85-89	D+	65-69
B	80-84	D	60-64
		F	Below 60

VIII. SPECIFIC COURSE REQUIREMENTS

A. ATTENDANCE

Attendance is crucial to the success of this course. Any class missed could mean valuable missed information, which is difficult to obtain. Please notify the instructor of any pending absences or if you will be late.

- B.** Must pass all program courses with a C+ to progress to the next term.
- C.** Refer to Practical Nursing Student Handbook.

Please see course information document for course policies related to grading, expectations, assignments, assessments, and participation.