

SOUTHEAST COMMUNITY COLLEGE
DIVISION OF ARTS AND SCIENCES
Social Science
Revision Date: 07-01-22

I. CATALOG DESCRIPTION

Course Number: PSYC2980
Course Title: Abnormal Psychology
Prerequisite: PSYC1810 or permission of instructor
Catalog Description: Course covers etiology, treatment and prevention of abnormal behavior, use of DSM IV as diagnostic tool, effects of labeling.
Credit Hours: 3.0
Class Hours: 45
Lab Hours: 0
Total Contact Hours: 45

II. COURSE OBJECTIVES: *Course will:*

1. Acquaint students with criteria for determining abnormality.
2. Acquaint students with cultural bases of abnormal behavior.
3. Provide students with information about standards of assessment.
4. Provide an overview of historical origins of modern diagnostic systems and the development of the DSM system.

III. STUDENT LEARNING OUTCOMES AND GENERAL EDUCATION LEARNING OUTCOMES

A. Student Learning Outcomes: *Student will be able to:*

1. Identify the six criteria used to define abnormal behavior and the methods used in the study of abnormal behavior.
2. Demonstrate an understanding of individual assessment techniques, including interviewing techniques, and intelligence and personality measures.
3. Know the goals and methods of psychoanalysis and modern psychodynamic therapies, humanistic-existential, behavioral, cognitive, biological, and eclectic therapy approaches.
4. Demonstrate knowledge of and treatment approaches for adjustment and anxiety disorders, dissociative and somatoform disorders, mood disorders, personality disorders, substance abuse and dependency, eating and sleep disorders, gender identity disorder and paraphilias, schizophrenia and other psychotic disorders, childhood disorders, cognitive disorders, and violence.
5. Demonstrate an understanding of the legal procedures involved in psychiatric commitment, the rights of patients, and the therapist's duty to warn.

B. General Education Learning Outcomes

1. GELO #2: Written Communication
Outcome: Comprehend, analyze, and evaluate a given text.
Outcome: Read and write in mechanically-sound, college-level English.
2. GELO #3: Critical Thinking & Problem Solving
Outcome: Synthesize information to arrive at reasoned solutions to problems.
3. GELO #6: Career and Life Skills
Outcome: Develop knowledge and habits that will foster physical, emotional, social, spiritual, intellectual, and environmental wellness.

IV. CONTENT/TOPICAL OUTLINE (*course outline may provide more detailed information*)

- A.** What is Abnormal Psychology?
- B.** Classification and Assessment of Abnormal Behavior

- C. Methods of Therapy and Treatment
- D. Stress, Psychological Factors, and Health
- E. Anxiety Disorders
- F. Dissociative and Somatoform Disorders
- G. Mood Disorders and Suicide
- H. Personality Disorders
- I. Substance Abuse and Dependence
- J. Eating Disorders, Obesity, and Sleep Disorders
- K. Gender Identity Disorder, Paraphilias, and Sexual Dysfunctions
- L. Schizophrenia and other Psychotic Disorders
- M. Abnormal Behavior in Childhood and Adolescence
- N. Cognitive Disorders and Disorders Related to Aging
- O. Violence and Abuse
- P. Abnormal Psychology and Society

V. INSTRUCTIONAL MATERIALS

- A. Required Text(s):
 - 1. Nevid, Jeffrey; S. Rathus, B. Greene. *Abnormal Psychology in a Changing World*, 11th Edition, Pearson, 2021. ISBN-13: 9780137498987.
Material provided in class through Canvas (look for email) – Account will be charged.
- B. Other resources:
 - 1. Supplemental handouts and videos provided by instructor.
- C. Outside Reading/Research Required

VI. METHODS OF PRESENTATION/INSTRUCTION

- A. Methods of presentation typically include a combination of the following:
 - 1. Lecture
 - 2. Small and large group discussion
 - 3. Video presentations

VII. METHODS OF EVALUATION

- A. Methods of evaluation typically include a combination of the following:
 - 1. Attendance, class involvement (on campus classes)
 - 2. Examinations/Quizzes
 - 3. Research paper/class presentation
 - 4. Class Assignments
- B. SCC GRADING SCALE

A+	95-100	C+	75-79	F	59 or less
A	90-94	C	70-74		
B+	85-89	D+	65-69		
B	80-84	D	60-64		

VIII. SPECIFIC COURSE REQUIREMENTS

- A. Attendance/Participation
- B. Examinations/Quizzes
- C. Written research paper
- D. other written assignments