

SOUTHEAST COMMUNITY COLLEGE
DIVISION OF ARTS AND SCIENCES
Social Science
Revision Date: 07-01-26

I. CATALOG DESCRIPTION

Course Number: PSYC2870
Course Title: Psychology of the Personality
Prerequisite: PSYC1810 or permission of the instructor
Catalog Description: Systematic study of personality theories, the factors influencing personality development and the dynamics of personal adjustment.
Credit Hours: 3.0
Class Hours: 45
Lab Hours: 0
Total Contact Hours: 45

II. COURSE OBJECTIVES: *Course will:*

- A. Provide students with a foundation in the biological basis of behavior.
- B. Provide students with a foundation in developmental principles.
- C. Provide students with a foundation in learning principles.
- D. Provide students with a foundation in personality theories.

III. STUDENT LEARNING OUTCOMES AND GENERAL EDUCATION LEARNING OUTCOMES

- A. Student Learning Outcomes: *Student will be able to:*
 - 1. Describe and differentiate among the major psychological approaches that explain personality.
 - 2. Understand psychological terms especially those dealing with personality, concepts, and theories.
 - 3. Identify psychologists who have made major contributions to an understanding of personality.
 - 4. Explain research methodology and the ability to evaluate the merit of personality studies.
 - 5. Practically apply acquired insight of personality to one's own life.
- B. General Education Learning Outcomes
 - 1. GELO #2: Written Communication
 - Outcome: Comprehend, analyze, and evaluate a given text.
 - Outcome: Read and write in mechanically-sound, college-level English.
 - 2. GELO #3: Critical Thinking & Problem Solving
 - Outcome: Evaluate ideas presented in writing, medial, speech, or artistic presentations.
 - 3. GELO #6: Career and Life Skills
 - Outcome: Develop knowledge and habits that will foster physical, emotional, social, spiritual, intellectual, and environmental wellness.

IV. CONTENT/TOPICAL OUTLINE *(course outline may provide more detailed information)*

- A. Introduction to Personality Theory
- B. Freud: Classical Psychoanalysis
- C. Jung: Analytical Psychology
- D. Adler: Individual Psychology
- E. Erikson: Psychosocial Development
- F. Horney: Interpersonal Psychoanalysis

- G. Allport: Personological Trait Theory
- H. Cattell and the Big Five: Factor Analytic Trait Theory
- I. Skinner and Staats: The Challenge of Behaviorism
- J. Dollard and Miller: Psychoanalytic Learning Theory
- K. Mischel and Bandura: Cognitive Social Learning Theory
- L. Kelly: The Psychology of Personal Constructs
- M. Rogers: Person-Centered Theory
- N. Maslow: Humanistic Psychology and the Hierarchy of Needs
- O. Conclusion

V. INSTRUCTIONAL MATERIALS

- A. Required Text(s):
 - 1. Kelland, Mark. *Personality Theory in a Cultural Context*. OpenStax CNX, Current Edition. <https://open.umn.edu/opentextbooks/textbooks/556>
- B. Other resources:
 - 1. Supplemental handouts supplied by instructor
 - 2. Outside Reading/Research Required:
 - a. Written application project

VI. METHODS OF PRESENTATION/INSTRUCTION

- A. Methods of presentation typically include a combination of the following:
 - 1. Lecture
 - 2. Small and large group discussion
 - 3. Video presentations

VII. METHODS OF EVALUATION

- A. Methods of evaluation typically include a combination of the following:
 - 1. Examinations
 - 2. Paper
 - 3. Attendance
- B. SCC GRADING SCALE

A+	95-100	C+	75-79	F	59 or less
A	90-94	C	70-74		
B+	85-89	D+	65-69		
B	80-84	D	60-64		

VIII. SPECIFIC COURSE REQUIREMENTS

- A. Attendance
- B. Two examinations minimum
- C. Written project