

SOUTHEAST COMMUNITY COLLEGE
HEALTH SCIENCES DIVISION
HUMAN SERVICES
Revision Date: 11/2023

I. CATALOG DESCRIPTION

Course Number: HMRS 1402
Course Title: Group Theory and Process
Prerequisite(s): HMRS 1100 or HMRS1102

Catalog Description: The study and practice of group theories, processes, dynamics, techniques, methods and group counseling and facilitation.

Credit Hours: 3
Class Hours: 45
Lab Hours: 0
Total Contact Hours: 45

II. COURSE OBJECTIVES: *Course will:*

1. Describe and discuss the various types of groups in Human Services
2. Analyze the basic counseling skills
3. Apply concepts of the characteristics and leadership skills of a competent group leader
4. Explore and experience the four stages of a group
5. Construct leadership skills

III. STUDENT LEARNING OUTCOMES AND GENERAL EDUCATION LEARNING OUTCOMES:

A. STUDENT LEARNING OUTCOMES: *Student will be able to:*

1. Describe and discuss the various types of groups.
2. List and describe the stages of the group processes and discuss the role as leader in each stage.
3. Draw conclusions as a member of a psychoeducational group.
4. Demonstrate group leadership skills.

B. GENERAL EDUCATION LEARNING OUTCOMES

GELO #3: CRITICAL THINKING AND PROBLEM SOLVING

Collect, identify, interpret and analyze data.

Evaluate the validity of arguments, alternatives, data, outcomes and/or impacts of actions.

IV. CONTENT/TOPICAL OUTLINE *(course outline may provide more detailed information)*

1. Overview of Various Types of Groups (4.5 contact hours)
2. Guidelines for Professional Practice—(4.5 contact hours)
3. Where to Begin—(4.5 contact hours)
4. Group Process Concepts at Initial Stage—(4.5 contact hours)
5. Characteristics of Transition Stage—(4.5 contact hours)
6. Characteristics of Working Stage—(3.0 contact hours)
7. Tasks of Final Stage—(3.0 contact hours)
8. Demonstration of Leadership functions—(16.5 contact hours)

V. INSTRUCTIONAL MATERIALS

A. Required Text(s):

Corey and Corey, *Group: Process and Practice*, current edition, Brooks/Cole

B. Other Resources:

Course handouts

VI. METHODS OF PRESENTATION/INSTRUCTION

A. Methods of presentation typically include a combination of the following:

1. Lecture
2. Discussion
3. Demonstration and re-demonstration
4. Self-test of personality characteristic
5. In class exercises

VII. METHODS OF EVALUATION

A. Methods of evaluation typically include a combination of the following: a combination of assignments, quizzes, exams, projects, skills display check offs, etc. For grading expectations please see the Course Information Document.

SCC STANDARD GRADING SCALE POLICY:

A+	95-100	C+	75-79
A	90-94	C	70-74
B+	85-89	D+	65-69
B	80-84	D	60-64
		F	Below 60

VIII. SPECIFIC COURSE REQUIREMENTS:

Requires a grade of "C" or above to meet graduation requirements for the Human Services Program.