

SOUTHEAST COMMUNITY COLLEGE
HEALTH SCIENCES DIVISION
HUMAN SERVICES
Revision Date: 11/2023

I. CATALOG DESCRIPTION

Course Number: HMRS 1357
Course Title: Multicultural Counseling
Prerequisite(s): HMRS1100 or HMRS1102 and HMRS1320

Catalog Description: Understanding of cultural sameness and differences, and effect on human experience. Historical, political, social, and economic influences. Special counseling techniques applicable to minority groups and variations from traditional counseling.

Credit Hours: 3
Class Hours: 45
Lab Hours: 30
Total Contact Hours: 45

II. COURSE OBJECTIVES: *Course will:*

1. Discuss the various concepts and dimensions of culture.
2. Explore prejudice, bigotry, discrimination, and racism.
3. Examine attitudes, behaviors, values and beliefs of various cultural groups.
4. Teach counseling skills applicable to Black Americans, Arab Americans, Native Americans, Latino Americans, Asian Americans, Anglo American groups, gays, lesbians, women, the elderly, and persons with disabilities.
5. Explore a variety of approaches that a human service worker could utilize when working with a person(s) of cultural groups other than the dominant culture.

III. STUDENT LEARNING OUTCOMES AND GENERAL EDUCATION LEARNING OUTCOMES:

A. STUDENT LEARNING OUTCOMES: *Student will be able to:*

1. Distinguish the different approaches to cross-cultural counseling.
2. Discuss and analyze various family and societal roles practiced by a variety of cultural groups.
3. Predict the likely outcome of using culturally insensitive language in a counseling setting.
4. Demonstrate culturally competent skills when working with people from various cultural backgrounds.
5. Evaluate and recommend community resources available to assist multi-cultural families and individuals with a variety of human needs.

B. GENERAL EDUCATION LEARNING OUTCOMES

GELO #4: Global Awareness and Citizenship

Function effectively in multicultural setting.

GELO #6: Career and Life Skills

Develop skills that will support positive and fulfilling relationships with others.

IV. CONTENT/TOPICAL OUTLINE (*course outline may provide more detailed information*)

- A. Multicultural Society (3 hours)
- B. Group Relations (3 hours)
- C. Anglo-Saxon Americans and White Ethnic Americans (4 hours)
- D. Black Americans (African Americans) (7 hours)
- E. Native Americans (7 hours)
- F. Hispanic Americans (7 hours)
- G. Asian Americans (7 hours)
- H. Approaches to counseling (3 hours)
- I. Presentations (4 hours)

V. INSTRUCTIONAL MATERIALS

A. Required Text(s):

Sue, D.W. and Sue, D., *Counseling the Culturally Different: Theory & Practice*, current edition, John Wiley and Sons

B. Other Resources:

As assigned.

VI. METHODS OF PRESENTATION/INSTRUCTION

A. Methods of presentation typically include a combination of the following:

- 1. Lecture and Discussion
- 2. Videos
- 3. Guest Speakers
- 4. Case Studies, self-inventories, interviews
- 5. Student presentations

VII. METHODS OF EVALUATION

- A.** Methods of evaluation typically include a combination of the following: a combination of assignments, quizzes, exams, projects, skills display check offs, etc. For grading expectations please see the Course Information Document.

SCC STANDARD GRADING SCALE POLICY:

A+	95-100	C+	75-79
A	90-94	C	70-74
B+	85-89	D+	65-69
B	80-84	D	60-64
		F	Below 60

VIII. SPECIFIC COURSE REQUIREMENTS:

Requires a grade of "C" or above to meet graduation requirements for the Human Services program.