

SOUTHEAST COMMUNITY COLLEGE

HEALTH SCIENCES DIVISION

HUMAN SERVICES

Revision Date: 4/2019

I. CATALOG DESCRIPTION

Course Number: HMRS 2518

Course Title: Clinical Treatment Issues in Chemical Dependency

Prerequisite(s): None

Catalog Description: The study of treatment issues specific to chemical dependency including denial, resistance, minimization, family dynamics, relapse, cross-addiction, co-occurring disorders, spirituality, and influences of self-help groups while taking into consideration the needs of the individual's gender, culture and lifestyles.

Credit Hours: 3

Class Hours: 45

Lab Hours: 0

Total Contact Hours: 45

II. COURSE OBJECTIVES: *Course will:*

As a result of taking this course, the student will be able to describe various treatment modalities working with co-occurring disorders, defense mechanisms, treatment modalities/approaches, self-help groups and prevention. Students will also discuss the treatment issues specific to substance abuse, children of alcoholics and the family disease concept along with cultural dimensions. Students will also be able to demonstrate examples of how to empower their clients and increase self-efficacy within the clients and their families.

III. STUDENT LEARNING OUTCOMES AND GENERAL EDUCATION LEARNING OUTCOMES:

A. STUDENT LEARNING OUTCOMES: *Student will be able to:*

1. Apply the concepts of substance abuse counseling, Motivational Interviewing, Assessment and Treatment Planning and empowering clients through group work.
2. List substances and their effects.
3. Identify patterns that are typical in clients that are in recovery and implement relapse prevention with them and their families.
4. Construct a basic model of prevention and treatment for those misusing, abusing or dependent on substances.

B. GENERAL EDUCATION LEARNING OUTCOMES

GELO #3: Critical Thinking and Problem Solving

Outcomes:

1. Synthesize information to arrive at reasoned solutions to problems.
2. Evaluate the validity of arguments, alternatives, data, outcomes, and/or impacts of actions.

GELO #4: Global Awareness and Citizenship

Outcomes:

1. Function effectively in multicultural settings.

IV. CONTENT/TOPICAL OUTLINE (*course outline may provide more detailed information*)

- A. Co-occurring disorders-alcohol or drug abuse and or mental health diagnosis (4.0 contact hours)
- B. Impact of drug of choice (3.0 contact hours)
- C. Treatment (10.0 contact hours)
- D. Relapse (6.0 contact hours)
- E. Adult children of alcoholics and co-dependency (2.0 contact hours)
- F. Family/significant others and the disease concept (8.0 contact hours)
- G. Treatment issues for specific groups (10.0 contact hours)
- H. Licensure/professional development for LADC counselors (2.0 contact hours)

V. INSTRUCTIONAL MATERIALS

A. Required Text(s):

Lewis, Dana, Blevins, *Substance Abuse Counseling*, Current edition, Brooks/Cole

B. Other Resources:

A.A. Big Book

N.A. Basic Text

VI. METHODS OF PRESENTATION/INSTRUCTION

A. Methods of presentation typically include a combination of the following:

1. Lecture, discussion, videos
2. Guest speakers
3. Role play, case studies
4. Student presentation of "lectures"
5. Group presentation
6. Attendance of a 12-step support group, i.e., AA/NA, Alano

VII. METHODS OF EVALUATION

A. Methods of evaluation typically include a combination of the following:

1. Course grades, at the determination of the instructor, will be based on exams, class and group participation, daily work and worksheets, projects and papers. Instructor will distribute and discuss evaluation and their grading policies with the students at the beginning of each quarter.

SCC STANDARD GRADING SCALE POLICY:

A+	95-100	C+	75-79
A	90-94	C	70-74
B+	85-89	D+	65-69
B	80-84	D	60-64
		F	Below 60

VIII. SPECIFIC COURSE REQUIREMENTS:

Requires a grade of "C" or above to meet graduation requirement for the Human Services Program.