

**SOUTHEAST COMMUNITY COLLEGE**  
**HEALTH SCIENCES DIVISION**  
**HUMAN SERVICES**  
**Revision Date: 11/2023**

**I. CATALOG DESCRIPTION**

**Course Number:** HMRS1302  
**Course Title:** Crisis Intervention  
**Prerequisite(s):** HMRS1100 or HMRS1102

**Catalog Description:** An introduction to ethical prevention and intervention strategies. Using case studies and scenarios, students will identify risk factors that contribute to crisis situations and distinguish between intervention and prevention strategies.

**Credit Hours:** 3  
**Class Hours:** 45  
**Lab Hours:** 0  
**Total Contact Hours:** 45

**II. COURSE OBJECTIVES:** *Course will:*

1. Compare and contrast basic counseling skills and crisis intervention skills.
2. Identify community resources available for consumers in crisis.
3. Define, explain, and implement in a role-playing situation the ABC model of crisis intervention.
4. Examine cultural sensitivity in crisis intervention.

**III. STUDENT LEARNING OUTCOMES AND GENERAL EDUCATION LEARNING OUTCOMES:**

**A. STUDENT LEARNING OUTCOMES:** *Student will be able to:*

1. Demonstrate critical thinking skills in assessing the dynamics of crises.
2. Determine appropriate crisis intervention responses for various types of crises.
3. Interpret knowledge about the values and ethics of Human Services within the context of crisis intervention work.
4. Assess one's own reactions and resources when faced personally with a crisis.
5. Apply concepts of micro, mezzo, and macro levels of practice as they apply to crisis intervention.

**B. GENERAL EDUCATION LEARNING OUTCOMES**

**GELO #1: ORAL COMMUNICATION**

Assess an audience and situation so as to adapt verbal and nonverbal messages to best meet the needs and expectations of the audience.

**GELO #3: CRITICAL THINKING AND PROBLEM SOLVING**

Synthesize information to arrive at reasoned solutions to problems.

**IV. CONTENT/TOPICAL OUTLINE** *(course outline may provide more detailed information)*

- A. Review of Communication Skills
- B. Characteristics of Effective Crises Workers
- C. Crisis Intervention

- D. Types of Crisis
- E. What is a Crisis?
- F. History of Crisis Intervention
- G. Ethical and Professional Issues
- H. Cultural Sensitivity in Crisis Interventions
- I. ABC Model of Crisis Intervention
- J. When Crisis is a Danger
- K. Developmental Crises
- L. Crisis of Loss
- M. Crises Related to AIDS and HIV
- N. Crises Related to Substance Abuse
- O. PTSD, Community Disasters, and Trauma Response
- P. Child Abuse, Spousal Abuse, and Sexual Assault

#### **V. INSTRUCTIONAL MATERIALS**

##### **A. Required Text(s):**

Ranel, *A Guide to Crisis Intervention*, current edition, Cengage

##### **B. Other Resources:**

None

#### **VI. METHODS OF PRESENTATION/INSTRUCTION**

##### **A. Methods of presentation typically include a combination of the following:**

1. Lectures and Discussion
2. Demonstration
3. Re-Demonstration

#### **VII. METHODS OF EVALUATION**

- ##### **A.** Methods of evaluation typically include a combination of the following: a combination of assignments, quizzes, exams, projects, skills display check offs, etc. For grading expectations please see the Course Information Document.

##### **SCC STANDARD GRADING SCALE POLICY:**

|           |               |           |                 |
|-----------|---------------|-----------|-----------------|
| <b>A+</b> | <b>95-100</b> | <b>C+</b> | <b>75-79</b>    |
| <b>A</b>  | <b>90-94</b>  | <b>C</b>  | <b>70-74</b>    |
| <b>B+</b> | <b>85-89</b>  | <b>D+</b> | <b>65-69</b>    |
| <b>B</b>  | <b>80-84</b>  | <b>D</b>  | <b>60-64</b>    |
|           |               | <b>F</b>  | <b>Below 60</b> |

#### **VIII. SPECIFIC COURSE REQUIREMENTS:**

Requires a grade of "C" or above to meet graduation requirements for the Human Service Program.