

**SOUTHEAST COMMUNITY COLLEGE
HEALTH SCIENCES DIVISION
HEALTHCARE SERVICES
Revision Date: 11/2024**

I. CATALOG DESCRIPTION

Course Number: HLTH 1150
Course Title: Nursing Assistant
Prerequisite(s): Must be at least 16 years old by 1st day of course

Catalog Description: Overview of the health care system and role of the nursing assistant as a health care team member. Discussions on the concepts of basic human needs, professional behavior, communication, legal/ethical issues, and multicultural diversity. Teaches basic nursing skills including bathing, ambulating, transferring, and toileting. Included in this course are classroom, and lab experiences in a simulated health care setting. Course is approved by the Nebraska Department of Health and Human Services Regulation and Licensure. Upon successful completion of this course, the student is eligible to test for placement on the Nebraska Nursing Assistant Registry.

Credit Hours: 3
Class Hours: 23
Lab Hours: 68
Total Contact Hours: 91

II. COURSE OBJECTIVES: *Course will:*

- A. Provide training for students to become competent in the skills necessary to become a nursing assistant.
- B. Prepare students to exhibit verbal and written understanding and practical application of the following principles:
 - 1. Communication and interpersonal skills
 - 2. Infection control
 - 3. Safety/emergency procedures, including emergency measures for choking
 - 4. Promoting residents' independence
 - 5. Respecting residents' rights
 - 6. Basic nursing skills
 - 7. Personal care skills
 - 8. Mental health and social service needs
 - 9. Care of cognitively impaired residents
 - 10. Basic restorative services
 - 11. Residential Rights
 - 12. Responsibility to report suspected abuse or neglect

III. STUDENT LEARNING OUTCOMES AND GENERAL EDUCATION LEARNING OUTCOMES:

A. STUDENT LEARNING OUTCOMES: *The student will be able to:*

- 1. Identify effective study skills and describe various techniques used to organize information learned.

2. Identify the personal attributes of a health care worker.
3. Identify how to be a successful health care worker.
4. Identifies essential elements related to abuse/neglect as it relates to health care as evidenced by a 70% passing test score.
5. Identify basic emergency care interventions.
6. Recognize and report basic observations of a resident to the licensed nurse.
7. Discuss, perform, and demonstrate competency in the necessary skills essential to function as a nursing assistant in caring for individuals in a health care setting as evidenced by a 70% pass rate on skills check off and testing.

B. GENERAL EDUCATION LEARNING OUTCOMES

GELO 6: Career and Life Skills

- 5) Develop knowledge and habits that will foster physical, emotional, social, spiritual, intellectual, and environmental wellness.
- 7) Demonstrate choices that reflect personal responsibility in one's academic, civic, social, and vocational/professional life.

IV. CONTENT/TOPICAL OUTLINE *(course outline may provide more detailed information)*

A. UNITS

1. Study Skills for Effective Learning
2. Communication Process
3. Introduction to Health Occupations
4. Positioning & Transferring the Patient
5. Infection Control and Safety Guidelines
6. Professional Ethics and the Law
7. Multicultural Awareness
8. Roles and Responsibilities in Healthcare
9. Assisting with Activities of Daily Living

V. INSTRUCTIONAL MATERIALS REQUIRED

A. Required Text(s):

Hartman's Nursing Assistant Care – Long Term Care (current edition)
Southeast Community College Nursing Assistant Course Packet

B. Other Resources: OPTIONAL

Workbook: Hartman's Nursing Assistant Care – Long Term Care (current edition)

VI. METHODS OF PRESENTATION/INSTRUCTION

A. Methods of presentation typically include a combination of the following:

1. Lecture
2. Demonstrations
3. Skill practice and check offs
4. Exams and assignments
5. Videos
6. Worksheets
7. Handout materials
8. Class participation/presentation/activities
9. Case studies and group work
10. Internet resources
11. Games

12. Guest presenters

VII. METHODS OF EVALUATION

A. Methods of evaluation typically include a combination of assignments, quizzes, exam, projects, skill checkoffs, etc. For grading expectations please see the course information document.

SCC STANDARD GRADING SCALE POLICY:

A+	95-100	C+	75-79
A	90-94	C	70-74
B+	85-89	D+	65-69
B	80-84	D	60-64
		F	Below 60

VIII. SPECIFIC COURSE REQUIREMENTS

There are four (4) criteria that must be met to be eligible for state competency testing.

- Academic grade of 70% or greater
- Successful completion of the state required Abuse and Neglect Training Module (students must pass all three (3) quizzes with a 100%).
- Successful completion of all lab skills
- Minimum of 76 hours (coursework, labs, abuse and neglect)

State testing is a part of the Nursing Assistant class. If a student fails the state written exam, skills test, or both after three attempts, the student will fail the HLTH 1150 Nursing Assistant course, and their SCC transcript will reflect a grade of "F".

Please see course information document for course policies related to grading, expectations, assignments, assessments, and participation.