

SOUTHEAST COMMUNITY COLLEGE
DIVISION OF ARTS AND SCIENCES
Social Science
Revision Date: 07-01-24

I. CATALOG DESCRIPTION

Course Number: PHED1800
Course Title: Physical Education in the Elementary School
Prerequisite(s): None
Catalog Description: For the prospective elementary teacher and the physical education major. Study of curriculum and methods of teaching of physical education at the elementary level. Needs and characteristics of elementary school-age child by grade level.
Credit Hours: 3.0
Class Hours: 45
Lab Hours: 0
Total Contact Hours: 45

II. COURSE OBJECTIVES: *Course will:*

- A. Show the need for physical education in the elementary schools.
- B. Provide information for planning instruction in physical education.
- C. Discuss the implementation of a physical education curriculum.

III. STUDENT LEARNING OUTCOMES AND GENERAL EDUCATION LEARNING OUTCOMES

- A. Student Learning Outcomes: *Student will be able to:*
 - 1. Explain the need for physical education in the elementary schools
 - 2. Design lessons plans and curriculum for physical education
 - 3. Implement lesson plans for physical education activities
- B. General Education Learning Outcomes
 - 1. GELO #3: Critical Thinking & Problem Solving
 - Outcome: Collect, identify, interpret and analyze data.
 - Outcome: Synthesize information to arrive at reasoned solutions to problems.
 - Outcome: Evaluate ideas presented in writing, media, speech, or artistic presentations.
 - Outcome: Evaluate the validity of arguments, alternatives, data, outcomes, and/or impacts of actions.
 - Outcome: Acquire and integrate knowledge and construct relationships across disciplines.
 - 2. GELO #6: Career and Life Skills
 - Outcome: Employ effective interpersonal and intrapersonal communication skills.
 - Outcome: Acquire entrepreneurial skills and attitudes.
 - Outcome: Demonstrate financial literacy.
 - Outcome: Use digital technology effectively to access, manage, integrate, evaluate, and present information.
 - Outcome: Develop knowledge and habits that will foster physical, emotional, social, spiritual, intellectual, and environmental wellness.
 - Outcome: Develop skills that will support positive and fulfilling relationships with others.
 - Outcome: Demonstrate choices that reflect personal responsibility in one's academic, civic, social, and vocational/professional life.

IV. CONTENT/TOPICAL OUTLINE (*course outline may provide more detailed information*)

- A. Section 1 - Understanding the Need for Physical Education
- B. Section 2 - The Instructional Process
- C. Section 3 - Program Implementation
- D. Section 4 - Personal Health Skills
- E. Midterm Exam
- F. Section 5 - Fundamental Motor Skills
- G. Section 6 - Specialized Motor Skills
- H. Section 7 - Sports Skills

V. INSTRUCTIONAL MATERIALS

- A. Required Text(s):
 - 1. Graham, Hale, Parker, Hall, and Patton., *Children Moving: A Reflective Approach to Teaching Physical Education*, 10th Ed., 2020. ISBN: 978-1-260-39217-3
- B. Other Resources: as assigned.

VI. METHODS OF PRESENTATION/INSTRUCTION

- A. Methods of presentation typically include a combination of the following:
 - 1. Classroom Discussion
 - 2. Demonstrations
 - 3. Instructional Videos
 - 4. In-Class Worksheets
 - 5. Classroom Reflections
 - 6. Presentations

VII. METHODS OF EVALUATION

- A. Methods of evaluation typically include a combination of the following:
 - 1. Weekly Chapter Assignments
 - 2. Quizzes
 - 3. Midterm
 - 4. Final Exam
 - 5. In-Class Activities

B. SCC STANDARD GRADING SCALE POLICY

A+	95-100	C+	75-79	F	59 or less
A	90-94	C	70-74		
B+	85-89	D+	65-69		
B	80-84	D	60-64		

VIII. SPECIFIC COURSE REQUIREMENTS

- A. Weekly Chapter Assignments
- B. In-Class Activities
- C. Elementary PE Lesson Planning
- D. Quizzes
- E. Midterm
- F. Final Exam