

SOUTHEAST COMMUNITY COLLEGE
HEALTH SCIENCES DIVISION
ASSOCIATE DEGREE NURSING
Revision Date: 10/2024

I. CATALOG DESCRIPTION

Course Number: NURS 2230
Course Title: Gerontological Nursing
Prerequisite(s):
Co Requisite(s): NURS 2235

Catalog Description: Focus is on the nursing process as a problem-solving tool in assisting older adults' adaptation to stress related to acute, chronic and terminal illness. Physiological aging changes are reviewed. Gerontological principles and rehabilitative aspects of nursing are examined. Emphasis is on understanding the unique needs of the aging adult population.

Credit Hours: 2
Class Hours: 30
Lab Hours: 0
Total Contact Hours: 30

II. COURSE OBJECTIVES: *Course will:*

1. Focus on the nursing process as a problem-solving tool in assisting older patients' adaptation to stress related to acute, chronic and terminal illness.
2. Correlate physiological aging changes to the incidence of acute and chronic disease.
3. Examine gerontological principles and rehabilitative aspects of nursing.
4. Evaluate the unique and complex needs of the aging adult population.

III. STUDENT LEARNING OUTCOMES AND GENERAL EDUCATION LEARNING OUTCOMES:

A. STUDENT LEARNING OUTCOMES: *The student will be able to:*

1. Analyze the use of therapeutic communication with older adults and their caregivers. [Communication]
2. Explore how interdisciplinary teamwork and collaboration improves care of the older adult. [Teamwork and Collaboration]
3. Examine professional leadership roles in gerontological nursing. [Professionalism, Leadership]
4. Evaluate the use of informatics in the care of older adults. [Informatics]
5. Research the role of evidence-based practice in the care of older adults. [Evidence-Based Practice]
6. Compare different care environments of older adults in the community [Patient Centered Care]
7. Evaluate the nursing care of older adults with physiological and psychologic disorders. [Patient Centered Care]
8. Relate pharmacology to the aging changes of the older adult. [Patient Centered Care]
9. Investigate normal and abnormal aging changes in the older adult. [Patient Centered Care]
10. Examine cultural diversity of older adults in the US. [Cultural Skills]
11. Examine the importance of assessment in the care of older adults. [Quality Care]
12. Evaluate the role of safety in quality nursing care of the older adult. [Safety, Quality Care]
13. Examine critical thinking and nursing judgement of the RN in the care of the older adult. [Nursing Judgement]

14. Explore legal and ethical issues of older adults, their families and caregivers. [Legal and Ethics]

B. GENERAL EDUCATION LEARNING OUTCOMES

GELO #3: Critical Thinking & Problem Solving

Outcomes:

Collect, identify, interpret and analyze data.

Synthesize information to arrive at reasoned solutions to problems.

Evaluate ideas presented in writing, media, speech, or artistic presentations.

Evaluate the validity of arguments, alternatives, data, outcomes, and/or impacts of actions.

Acquire and integrate knowledge and construct relationships across disciplines.

IV. CONTENT/TOPICAL OUTLINE (course outline may provide more detailed information)

A. UNITS

1. Foundations of Gerontological Nursing
2. Theories of Aging
3. Legal and Ethical Issues
4. Healthcare Delivery System
5. Assessment of the Older Adult
6. Culture and Diversity
7. Family and Caregivers
8. Socioeconomic and Environmental Influences on Aging
9. Health Promotion and Illness Prevention
10. Nutrition and Gastrointestinal System
11. Sleep and Activity
12. Safety and Musculoskeletal System
13. Sexuality and the Genitorurinary System
14. Pain
15. Immune System, Chronic Illness and Rehabilitation
16. Pharmacology
17. Lab and Diagnostics
18. Integumentary System
19. Sensory Function
20. Respiratory and Cardiovascular Systems
21. Psychological, Cognitive Function and Neurological System
22. Endocrine System
23. End of Life Care

V. INSTRUCTIONAL MATERIALS REQUIRED

A. Required Text(s):

Meiner, S. and Yeager, J. *Gerontologic Nursing* (current edition). St. Louis, MO: Elsevier Mosby
Jarvis, C. *Physical Examination & Health Assessment* (current edition). St. Louis, MO: Elsevier,
Saunders Co,

B. Other Required Materials:

Laptop Computer

Active Account with Elsevier/Evolve

See course CID for required/recommended resources for this course.

Additional readings may be assigned from textbooks from previous nursing courses. Nursing and health care journals located in the Learning Resource Center (LRC), outside reading/research may be required.

VI. METHODS OF PRESENTATION/INSTRUCTION

A. Methods of presentation typically include a combination of the following:

1. Lecture
2. Discussion
3. Handouts Materials
4. Videos
5. Guest Speakers
6. Case Studies and Group Work
7. Websites
8. Class Participation/Presentations
9. Games

VII. METHODS OF EVALUATION

A. Methods of evaluation typically include a combination of assignments, quizzes, exam, projects, etc. For grading expectations please see the course information document.

SCC STANDARD GRADING SCALE POLICY:

A+	95-100	C+	75-79
A	90-94	C	70-74
B+	85-89	D+	65-69
B	80-84	D	60-64
		F	Below 60

VIII. SPECIFIC COURSE REQUIREMENTS

A. ATTENDANCE

Attendance is crucial to the success of this course. Any class missed could mean valuable missed information, which is difficult to obtain. Please notify the instructor of any pending absences or if you will be late.

B. GRADES

Must pass all program courses with a C+ to progress to the next term. Less than a 75% (C+) will result in failure of the course and the student will need to repeat both NURS 2230 and NURS 2235. Please see course information document for course policies related to grading, expectations, assignments, assessments, and participation.