

SOUTHEAST COMMUNITY COLLEGE
HEALTH SCIENCES DIVISION
ASSOCIATE DEGREE NURSING
Revision Date: 10/2024

I. CATALOG DESCRIPTION

Course Number: NURS 1410
Course Title: Fundamentals of Nursing
Prerequisite(s):
Pre/Co Requisite(s): NURS 1400

Catalog Description: This course provides opportunities to develop competencies necessary to meet basic human needs in a safe, legal, and ethical manner using critical thinking and the nursing process. The course integrates the psychomotor, cognitive and affective domains both in the lab and classroom. Students demonstrate competency in performing basic nursing skills in the program laboratory.

Credit Hours: 4
Class Hours: 45
Lab Hours: 45
Total Contact Hours: 90

II. COURSE OBJECTIVES: *Course will:*

1. Relate nursing process as a method of problem solving related to a nursing care plan framework.
2. Emphasize nursing skills and identification of basic human needs as it relates to the nursing process.
3. Utilize the program laboratory to introduce the student to a simulated environment to practice and demonstrate competency of essential nursing skills.
4. Introduce the concept of patient centered care in the classroom and integrate into the laboratory setting.

III. STUDENT LEARNING OUTCOMES AND GENERAL EDUCATION LEARNING OUTCOMES:

A. STUDENT LEARNING OUTCOMES: *The student will be able to:*

1. Demonstrate therapeutic communication techniques in the classroom and lab setting. [Communication]
2. Apply the concepts of clinical judgement, collaboration and communication to work as a member of the healthcare team. [Communication, Teamwork and Collaboration]
3. Demonstrate accountability for own behavior and growth as an adult learner and as a professional. [Professionalism and Leadership]
4. Use evidenced-based information in the practice of fundamental nursing skills. [Evidence-Based Practice]
5. Use the electronic health record to document nursing skills. [Informatics]
6. Explain the effect of culture and economic status on patients need for nursing care. [Patient Centered Care, Cultural Skills]
7. Demonstrate fundamentals nursing skills in a safe manner in the skills laboratory setting. [Safety, Quality Care]
8. Apply the nursing process at a beginning level of skill. [Nursing Judgment]
9. Practice the legal and ethical framework of nursing. [Legal and Ethics]

B. GENERAL EDUCATION LEARNING OUTCOMES

GELO #3: Critical Thinking & Problem Solving

Outcomes: Collect, identify, interpret and analyze data. Synthesize information to arrive at reasoned solutions to problems.

IV. CONTENT/TOPICAL OUTLINE (*course outline may provide more detailed information*)

- A. Critical Thinking and Nursing Process
- B. Medications
- C. Asepsis
- D. Documentation and Reporting
- E. Care mapping
- F. Integumentary
- G. Oxygenation
- H. Activity and Exercise
- I. Nutrition
- J. Parenteral Medications
- K. Safety
- L. Urinary Elimination
- M. Fecal Elimination
- N. Hygiene
- O. Sleep

V. INSTRUCTIONAL MATERIALS REQUIRED

A. Required Text(s):

- Potter, P., Perry, A., Stockert, P., and Hall, A. *Fundamentals of Nursing* (current edition). St. Louis, MO: Elsevier Mosby.
- Ackley, B.J., Ladwig, G.B. Makic, M.B.F. *Nursing Diagnosis Handbook* (current edition). St. Louis, MO: Elsevier Mosby.
- Pagana, K. and Pagana, T. *Mosby's Manual of Diagnostic & Laboratory Tests* (current edition). St. Louis, MO: Elsevier Mosby.

B. Other Resources

- Laptop Computer
- Active account with Elsevier/Evolve
- See course CID for recommended/required resources for skills lab component of this course.
- See ADN Program Handbook/Course CID for clinical dress code guidelines.

VI. METHODS OF PRESENTATION/INSTRUCTION

- A. Methods of presentation typically include a combination of the following:
 - 1. Lecture
 - 2. Demonstration
 - 3. Handout Materials
 - 4. Class Participation/Presentations
 - 5. Case Studies and Group Work
 - 6. Guest Presenters
 - 7. Websites
 - 8. Power Point slides and videos
 - 9. Games may be used to augment some of the units.

VII. METHODS OF EVALUATION

A. Methods of evaluation typically include a combination of assignments, quizzes, exam, projects, skill checkoffs, etc. For grading expectations please see the course information document.

SCC STANDARD GRADING SCALE POLICY:

A+	95-100	C+	75-79
A	90-94	C	70-74
B+	85-89	D+	65-69
B	80-84	D	60-64
		F	Below 60

VIII. SPECIFIC COURSE REQUIREMENTS

A. ATTENDANCE

Attendance is crucial to the success of this course. Any class missed could mean valuable missed information, which is difficult to obtain. Please notify the instructor of any pending absences or if you will be late.

B. GRADES

Must pass all program courses with a C+ to progress to the next term. Less than a 75% (C+) will result in failure of the course and the student will need to repeat both NURS 1410 and NURS 1415. Please see course information document for course policies related to grading, expectations, assignments, assessments, and participation.