

SOUTHEAST COMMUNITY COLLEGE
DIVISION OF ARTS AND SCIENCES
Social Science
Revision Date: 07-01-23

I. CATALOG DESCRIPTION

Course Number: PSYC1810
Course Title: Introduction to Psychology
Prerequisite: None
Catalog Description: An introduction to the science of behavior and mental processes including the application of critical thinking to the study of learning theory, memory, personality, growth and development, biological and neurological aspects, abnormal behavior, therapies, intelligence, motivation, emotion, sensation, perception, and theoretical perspectives.
Credit Hours: 3.0
Class Hours: 45
Lab Hours: 0
Total Contact Hours: 45

II. COURSE OBJECTIVES: *Course will:*

- A. Explore psychological terminology and concepts, and identify the various disciplines within the field.
- B. Introduce scientific research methods and ethical principles.
- C. Illustrate the scientific application of psychology and how the major psychological principles and theories can be applied to real life situations.
- D. Provide for the critical examination and evaluation of psychological concepts, methods, and theories.
- E. Examine the interaction of bio-psycho-social processes as related to behavior and mental processes.
- F. Offer opportunities for the examination of the impact of multicultural factors on the self and others.

III. STUDENT LEARNING OUTCOMES AND GENERAL EDUCATION LEARNING OUTCOMES

- A. Student Learning Outcomes: *Student will be able to:*
- 1. Compare theoretical perspectives of psychology.
 - 2. Communicate the goals, methods, and ethics of psychological research.
 - 3. Explain how physiology affects behavior and mental processes.
 - 4. Explain physical, cognitive, and social development over the lifespan.
 - 5. Examine aspects of sensation and perception.
 - 6. Analyze examples of learning theories and their components.
 - 7. Describe different models of memory.
 - 8. Describe how intelligence is defined, measured, and interpreted.
 - 9. Discuss the factors that motivate human behavior and mental processes.
 - 10. Identify the factors that comprise emotion.
 - 11. Identify and explain aspects of personality.
 - 12. Distinguish between major psychological disorders and therapies.
 - 13. Recognize the nature and states of consciousness.
 - 14. Analyze how stress influences health (optional).
 - 15. Examine how social situations influence human behavior and mental processes.

B. General Education Learning Outcomes

1. GELO #3: Critical Thinking & Problem Solving
Outcome: Collect, identify, interpret and analyze data.
Outcome: Synthesize information to arrive at reasoned solutions to problems.
Outcome: Evaluate the validity of arguments, alternatives, data, outcomes, and/or impacts of actions.
2. GELO #6: Career & Life Skills
Outcome: Employ effective interpersonal and intrapersonal communication skills.
Outcome: Develop knowledge and habits that will foster physical, emotional, social, spiritual, intellectual, and environmental wellness.
Outcome: Develop skills that will support positive and fulfilling relationships with others.
Outcome: Demonstrate choices that reflect personal responsibility in one's academic, civic, social, and vocational/professional life.

IV. CONTENT/TOPICAL OUTLINE (*course outline may provide more detailed information*)

- A. Learning Theory
- B. Memory
- C. Personality
- D. Growth and Development
- E. Biological and Neurological Aspects
- F. Abnormal Behavior & Therapies
- G. Intelligence
- H. Motivation
- I. Emotion
- J. Sensation and Perception
- K. Theoretical Perspectives
- L. Research Methods
- M. States of Consciousness
- N. Optional Topics:
 1. Health and Stress
 2. Social Psychology

V. INSTRUCTIONAL MATERIALS

- A. Required Text(s):
 1. Rathus, *PSYCH7*, 7th ed., Cengage, 2022. ISBN: 9780357432921.
- B. Other resources:
 1. Supplemental handouts supplied by instructor.
 2. Outside Reading/Research Required:
 - a. Psychological articles, written critiques or other approved research project.

VI. METHODS OF PRESENTATION/INSTRUCTION

- A. Methods of presentation typically include a combination of the following:
 1. Lecture
 2. Small and large group discussion
 3. Video presentations
 4. Collaborative projects
 5. Research
 6. Essays
 7. Computer-assisted instruction
 8. Web-based instruction

- 9. Multimedia
- 10. Field trips

VII. METHODS OF EVALUATION

- A. Methods of evaluation typically include a combination of the following:
 - 1. Attendance, class involvement, attitude (on-campus classes)
 - 2. Examinations
 - 3. Critiques or other approved research
 - 4. Assignments
 - 5. Written assignments following the APA format are suggested.

B. SCC GRADING SCALE

A+	95-100	C+	75-79	F	59 or less
A	90-94	C	70-74		
B+	85-89	D+	65-69		
B	80-84	D	60-64		

VIII. SPECIFIC COURSE REQUIREMENTS

- A. Attendance
- B. Examinations/Quizzes
- C. Writing Assignments