

**SOUTHEAST COMMUNITY COLLEGE**  
**HEALTH SCIENCES DIVISION**  
**HEALTHCARE SERVICES**  
**Revision Date: 02/2019**  
[Syllabus Statements](#)

**I. CATALOG DESCRIPTION**

<b>Course Number:</b>	<b>HLTH 1090</b>
<b>Course Title:</b>	Personal Health Aide
<b>Prerequisite(s):</b>	None
<b>Catalog Description:</b>	The Personal Care Aide (PCA) training will prepare students to provide non-medical support services in the homecare and long-term care environment. Learn the core competencies to provide care and comfort of disabled, elderly, and chronically ill patients. The course provides behavioral interventions and proactive strategies to assist in daily activities, personal hygiene, and communication with individuals and their families.
<b>Credit Hours:</b>	3.5
<b>Class Hours:</b>	38
<b>Lab Hours:</b>	45
<b>Total Contact Hours:</b>	83

**II. COURSE OBJECTIVES:** *Course will:*

1. Define the role of the personal health aide.
2. Identify the healthcare team involved in the health of a patient.
3. Describe legal and ethical issues related to a personal health aide.
4. Demonstrate effective customer service skills.
5. Maintain a safe environment and infection control.
6. Identify the care and comfort needed for disabled, aging adults, and chronically ill patients.
7. Identify interpersonal skills and collaboration strategies with individuals and their families.

**Note:** Unit objectives are located in the learning management system within each unit of study.

**III. STUDENT LEARNING OUTCOMES AND GENERAL EDUCATION LEARNING OUTCOMES:**

**A. STUDENT LEARNING OUTCOMES:** *The student will be able to:*

1. Demonstrate proficiency in performing non-medical personal care of a patient.
2. Demonstrate ability to assist in daily activities and personal hygiene of a disabled, aging adult, and/or chronically ill patient.
3. Demonstrate proficiency in interpersonal skills and collaboration strategies with individuals and their families.
4. Recognize when to contact other members of the healthcare team.

5. Recognize and respond to emergencies.

**B. GENERAL EDUCATION LEARNING OUTCOMES 1.**

**GELO 1: Speech Communication**

Outcome: Competently communicate messages – both verbally and nonverbally – to a variety of audience types and in a variety of situations.

**IV. CONTENT/TOPICAL OUTLINE (*course outline may provide more detailed information*)**

**A. UNITS**

1. Homecare and the Healthcare System
2. Aging Adults
3. Disabled or Chronically Ill
4. Legal and Ethical Issues
5. Interpersonal skills

**V. INSTRUCTIONAL MATERIALS REQUIRED**

**A. Required Text(s):**

Providing Homecare: A Textbook for Home Health Aides, Newest Edition, Paperback. William Leahy.

**VI. METHODS OF PRESENTATION/INSTRUCTION**

**A. Methods of presentation typically include a combination of the following:**

1. Lecture
2. Demonstration
3. Handout Materials
4. Class Participation/Presentations/Activities
5. Case Studies and Group Work
6. Guest Presenters
7. Internet Resources
8. Power Point slides and videos
9. Pretests and Assignments
10. Games may be used to augment some of the units
11. Skills Practice and Check-offs

**VII. METHODS OF EVALUATION**

- A.** Methods of evaluation typically include a combination of assignments, quizzes, exam, projects, skill checkoffs, etc. For grading expectations please see the course information document.

**SCC STANDARD GRADING SCALE POLICY:**

<b>A+ 95-100</b>	<b>C+ 75-79</b>
<b>A 90-94</b>	<b>C 70-74</b>
<b>B+ 85-89</b>	<b>D+ 65-69</b>
<b>B 80-84</b>	<b>D 60-64</b>
	<b>F Below 60</b>

## **VIII. SPECIFIC COURSE REQUIREMENTS**

### **A. ATTENDANCE**

Attendance is crucial to the success of this course. Any class missed could mean valuable missed information, which is difficult to obtain. Please notify the instructor of any pending absences or if you will be late.

- B.** To be awarded credit towards a certificate in Healthcare Services, the student must receive a "C" or higher in the course.

Please see the course information document for course policies related to grading, expectations, assignments, assessments, and participation.